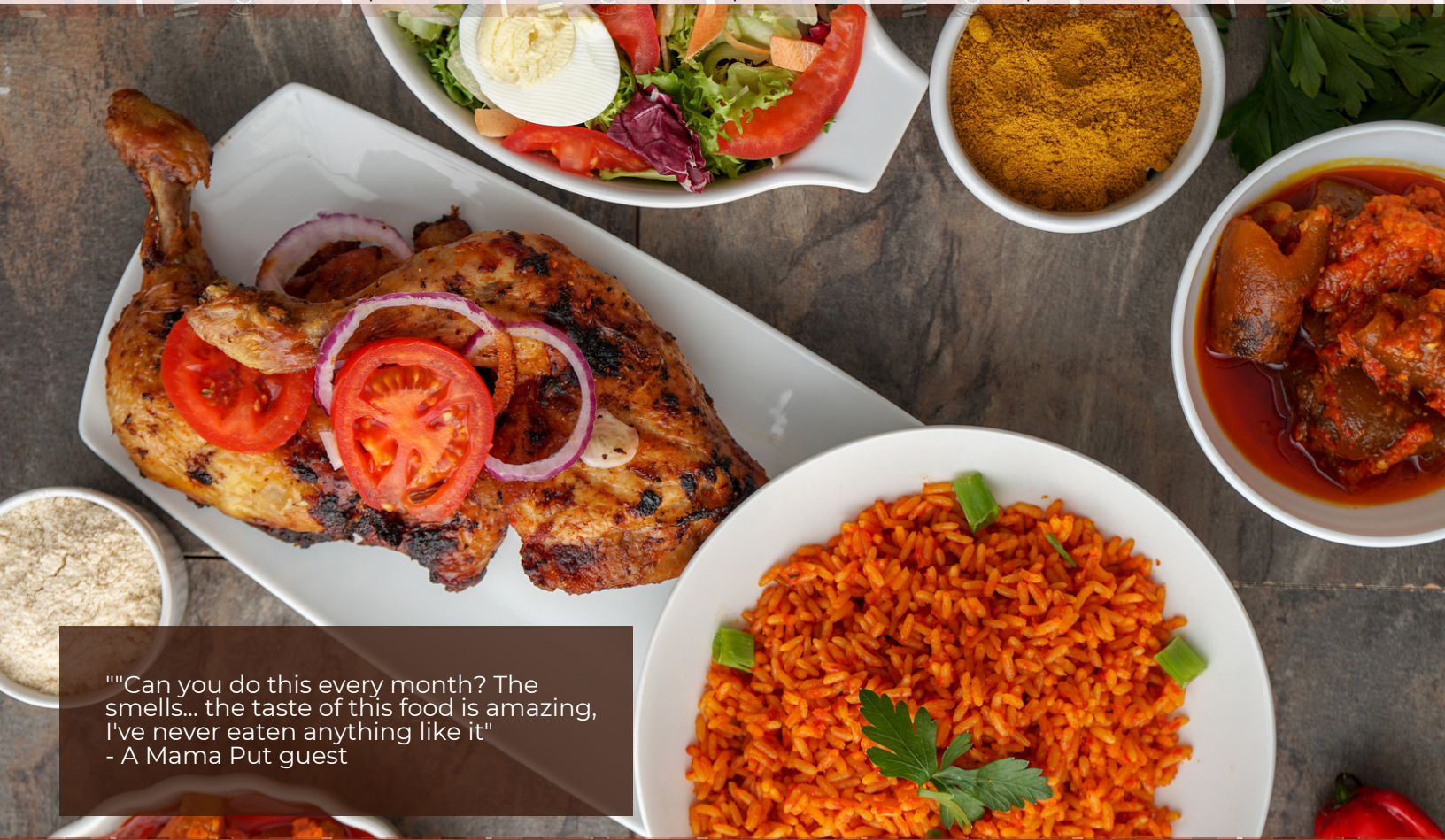


# ISSAMBA NEWS

OCTOBER EVENTS | UPCOMING EVENTS | EVENTS REVIEW | VICTORIA AFRONEWS



"Can you do this every month? The smells... the taste of this food is amazing, I've never eaten anything like it!"  
- A Mama Put guest

## MAMA PUT - THE EXPERIENCE

We organized the first ever West African Food Hub in Victoria, BC. We carefully planned it out, booked the Victoria Public Market, found excellent local VIHA approved food businesses and created preorder forms to get a sense of how many people to expect. We were ready for many things but not the avalanche of people that arrived within the first hour. Mama Put (short for Mama, put food for me) is a Nigerian, Pidgin coinage that is now in the English

dictionary thanks to writers like Chimamanda Adichie and Chinua Achebe. The real Mama Put is street food - Spicy, flavourful, popular delicacies that hit the bottom of your belly. There's no finesse to it, no preordering; at popular mama put stands, you may even wash your plates to increase your chances of getting some soul healing food. And when you get the food, you find a spot between some

knocked together wood tables and the dusty roadside, wash your hands in a fresh water bowl and chow down. While we planned a "boujee" Victorian version of the authentic mama put, the collapse of our preordering system quickly led to a more authentic mama put experience save the dusty roads. We are back to the drawing board with the lessons learnt from the pilot one to reorganize and develop the next Mama Put.

## NOVEMBER AACCCS Events

**ISSAMBA BOOKCLUB**  
**NOVEMBER 3, 2022**  
**6 P.M.**  
**ISSAMBA CENTRE, 2722**  
**FIFTH ST #209.**

Join us as we launch our book club - an exploration of writers of African Descent both known and yet to be widely known. We begin with the well loved book by Chimamanda Adichie - *Americanah*. Grab your copy from Indigo or online and come prepared for an energetic and insightful discourse while munching on some African snacks because a real balanced diet consists of a mind that's fed and a belly that's full. Email [info@issambacentre.ca](mailto:info@issambacentre.ca) RSVP



# The BUILD in Review

This month we conclude all components of THE BUILD. The BUILD - Black Women Mentorship & Skills Advancement Program which was designed to create avenues for Black women to build intergenerational networks through mentorship from accomplished women of African descent in BC, as well as develop in-demand skills through workshops. The BUILD Program kicked off on July 2 with an introduction session between mentors, workshop facilitators, and the 11 women that were shortlisted to participate in the pilot program.

For 11 weeks, participants enrolled in 3-hourly workshops on Saturdays. July workshop series topics included Career Pathways in Data Protection by Adekunle Adewumi, investments and financial planning by Andrew Kerr, Navigating the Job Market by Alexis Kathleen, Accessing Banking Opportunities by Beni Briggs and Introduction to Project Management by Michael Lachocki. August workshop topics included Grant and Proposal Writing by Nerrisa Allen, UX research by Abena Edugyan, Entrepreneurship by Agnes Nkundabagenzi, Ecommerce by Aboubakar Idriss and Marketing & Communication by Kara Randall holding in September.

Each participant also had the opportunity to be mentored by two accomplished women of African Descent who are/were leaders in their various fields. The mentors run the gamut from professors to retired military personnel to Financial Consultants to Senior Provincial Officers. Our lineup of mentors include Agnes Nkundabagenzi, Annie Djiotsa, Dr. Dzifa Dordunoo, Wilma Clarke and Edith Kambere

October 2

**BUGA - NAIJA**

**INDEPENDENCE PARTY**

**Saxe Point Park, Victoria BC**

A celebration of Nigeria's 62nd Anniversary featuring Modees Kitchen, Naliaju Cuisine, Jumbo Suya from Vancouver, DJ Folzy, Dine Nubia, The Grill Lorde and Fissychops

organized by The Ministry of Enjoyment YYJ

**KAZAKIZ présente**

**BODY Movements avec Sabrina et Romy!**

<https://kazakiz.com>

Vous apprendrez à dissocier certaines parties de votre corps lors de vos danses! Une période de pratique en musique avec corrections fera partie du cours! Ouvert à tous (les hommes sont les bienvenus!) Une soirée suivra dès 21h! Quand: 22 octobre 2022  
Heure: 19h30-21h  
Lieu: Dos con Dos  
Coût: 10\$ (cours et soirée)



**By Foundation Pulchérie N. Mboussi**

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